

GOAL: HEALTH & SAFETY

HS-1: ACTIVE LIVING

OUTCOME 1: ACTIVE ADULTS

Demonstrate that 21% or less of adults aged 20+ report no leisure time physical activity within the past month

Percentage of adults who report no leisure time physical activity

10%

County ranking for Health Behaviors

4

Link to county's snapshot from County Health Rankings

<http://www.countyhealthrankings.org/app/colorado/2015/rankings/routt/county/factors/overall/snapshot>

OUTCOME 2: ACTIVE KIDS

Option A: Increase the percentage of high school students that are physically active for 60 minutes per day on 5 or more days

Percentage of active high school students in baseline year (include year)

(2009 Results): 9th grade-33%, 10th grade-37%, 11th grade 43%, 12th grade-28%

Percentage of active high school students in comparison year (include year)

(2012 Results): 9th grade-61%, 10th grade-65%, 11th grade-60%, 12th grade-66%; - There was a Colorado survey done for Steamboat Springs School District through Healthy Kids Colorado, however there is no link to the results online

Link to results from CDC's Youth Risk Behavioral Survey

<http://www.ucdenver.edu/academics/colleges/PublicHealth/community/CEPEG/UnifYouth/Pages/HealthyKidsSurvey.aspx>

LOCAL ACTION 1: PLAN DEVELOPMENT

Include a chapter, section, or plan element focused on active living or active transportation in the comprehensive plan or transportation plan

Provide plan title

Sec 26-155 Complete Streets; Chapters 6 and 8 of Steamboat Springs Area Community Plan

Link to or upload relevant sections of the plan

HS-1 A-1.zip

Date plan was officially adopted, endorsed by the local government, or had last major update

2013

If the plan was adopted or updated more than 3 years ago, briefly describe how the plan is still relevant and in use

Complete Streets was adopted in 2013. The Steamboat Springs Area Community Plan was adopted in 2004. The Community Plan is still relevant as it is included in the Community Development Code as a guiding document of long-range goals and policy objectives that are important to the broader community.

Describe the development process and include information on stakeholder involvement and participating agencies, departments, and/or organizations involved

Complete Streets: The Code of Ordinances was revised and adopted in 2015 by the City of Steamboat Springs through the collaboration between City Council, the City Manager, the City Attorney, and the City Clerk. Source materials used in the preparation of this Code were the 1975 Code, as supplemented through November 11, 1990, and ordinances subsequently adopted by the city.

Community Plan: Public officials, staff, consultants, citizen volunteers, working group members, and the public collaborated over a period exceeding two years from November 2001 through January 2004 to update

the 1995 Plan and develop the 2004 Community Plan. Ensuring equal and fair representation of the diverse community were important objectives. The planning team, guided by the public officials and coordinated by staff and consultants, provided opportunities for the public and other stakeholders to participate during every step of the plan. The planning process started with the 1995 plan by evaluating its strengths and weaknesses. Ultimately, the 2004 Plan carries forward most of the themes of the 1995 Plan.

Provide vision statement or high-level description of plan goals

Complete Streets: "The purpose of this section is to ensure that all streets accommodate the following modes of travel: pedestrian, bicycle, transit, and vehicle. All streets shall be designed and constructed as multi-mode facilities. These standards are developed to improve the ability of local residents and visitors to move about the community safely and efficiently, and without dependence upon automobiles." Community Plan: Our community will promote a functional, compact, and mixed-use pattern that integrates and balances residential and non-residential land uses.

Describe the key recommendations of the plan

The Complete Streets section of the Steamboat Springs Code of Ordinances contains provisions requiring multi-modal facilities be installed with all new street development. This section of the CDC requires the infrastructure needed by pedestrians, bicycles, and transit in order to have active living and active transportation options. Key provisions in this section include (but are not limited to): 1. Public right-of-way and private streets shall accommodate pedestrian, bicycle, transit, and vehicle by integrating design components appropriate to each travel mode considering the context, function, and volume of the transportation facility. 2. Sidewalks are to be constructed on both sides of any street that has business frontage on both sides and on at least one side of all other streets. 3. Bike lanes and other bike facilities shall be constructed as identified in the multi-mode master plan and the city engineering standards.

Chapters 6 and 8 of the Community Plan deal with transportation, the incorporation of a pedestrian and bicycle systems plan, and recommendations for a successful trail system. Recommendations include: designing new development to achieve walkable and bike-friendly communities by developing standards for sidewalks and bike lanes and standards for multi-use paths; improving the existing trail system; and investing in transit infrastructure to create a transit system that maximizes walkable access.

Does the plan contain quantifiable targets or metrics for evaluating progress?

yes

Describe the strategy for implementing plan recommendations, including responsible parties, level of effort anticipated, and resources dedicated

Complete Streets will be implemented by the City and all City departments because it is in the Steamboat

Springs Code of Ordinances.

The Community Plan contains a detailed action plan, strategizing how plan recommendations will be implemented. The City and the County are responsible for implementing the goals and policies detailed in Chapters 6 and 8, and each goal was specified with a priority level of either short-term, mid-term, long-term, or ongoing. The Plan acknowledges that implementing the goals and policies will require substantial funding, but it does not detail exactly how much funding will be required or where funding will come from.

LOCAL ACTION 2: POLICY AND CODE ADJUSTMENT

Require or incentivize bicycle and pedestrian amenities in new major development projects in high-density, mixed-use areas or near transit stations

Provide the title of the specific policy or code

Sec 26-155 Complete Streets

Link to or upload copy of the policy or code requirement

https://www.municode.com/library/co/steamboat_springs/codes/code_of_ordinances?nodeId=PTIISTSPREMUCO_CH26CO155COST

Describe the compelling characteristics of the policy or regulation that advance progress towards the desired Outcome(s)

Sec 26-155 advances progress toward the desired outcome by requiring multimodal facilities including pedestrian, bicycle and transit infrastructure with all new development. This section of the plan applies to all new development within the corporate limits of the city. Key provisions in this section include public right-of-way and private streets to accommodate pedestrians and bicycles.

Also, sidewalks are to be constructed on both sides of any street that has business frontage on both sides and on at least one side of all other streets, and bike lanes and other bike facilities shall be constructed as identified in the multi-mode master plan and the city engineering standards. In addition, for all commercial, multi-family and mixed-use developments in all zone districts, bike racks will be provided within reasonable proximity and within sight to building entrances at a ratio of one rack for every five or ten required vehicle parking spaces, depending on the zone.

Was there public engagement during development of the policy or regulation?

yes

Date policy or code adoption was adopted or last major update

2013

LOCAL ACTION 3: POLICY AND CODE ADJUSTMENT

Create guidelines to encourage incorporation of active building design features in new public, commercial, office, and multi-family residential buildings

Provide the title of the specific policy or code

Sec 26-91 G-2 Zone District

Link to or upload copy of the policy or code requirement

https://www.municode.com/library/co/steamboat_springs/codes/code_of_ordinances?nodeId=PTIISTSPREMUCO_CH26CO

Describe the compelling characteristics of the policy or regulation that advance progress towards the desired Outcome(s)

The G-2 zone district advances progress towards the desired outcome. The purpose of the Gondola two zone district is for properties nearest to the Gondola base facility to have the densest development in the city. Because of the special characteristics and importance of this area to the general welfare of the city, this zone district is intended to allow for flexibility and creativity in the development of land in order to provide a quality pedestrian-oriented environment that furthers the goals of the master plans for the area. Special emphasis shall be placed on the location of uses within structures, the massing and design of structures, the provision of public spaces and gathering areas, pedestrian corridors, and how those elements relate with the pedestrian environment. Multi-use buildings, with pedestrian-oriented ground-level retail and other active uses, are strongly encouraged in the G-2 zone district.

Was there public engagement during development of the policy or regulation?

yes

Date policy or code adoption was adopted or last major update

2013

LOCAL ACTION 5: PARTNERSHIPS AND COLLABORATION

Create an advisory board to advise the local government on issues related to planning, policies, code requirements, and other actions affecting active living in the community

Provide the name of the partnership or committee AND briefly describe each partner's contribution or criteria for committee selection

The Planning Commission's contribution is providing comments and recommendations to City Council on proposed development projects.

Type of collaboration

Appointed committee

Link to or upload documentation of the partnership or committee's creation or ongoing work

<http://steamboatsprings.net/index.aspx?nid=94>

Date established

1993 or before

Describe key accomplishments in the past 3 years

The Planning Commission was established in 1959. In the last three years, the Planning Commission has made a multitude of recommendations on a broad variety of development projects to City Council. They have also taken on a variety of special projects.

They are currently involved in an extensive and ongoing City code update.

Briefly describe the local government's financial contribution and/or elected official/staff time dedicated in the past 3 years

The Planning Commission has three work sessions with Planning Department staff each month, as well as two meetings on the second and fourth Thursday of each month.

LOCAL ACTION 6: PRACTICE IMPROVEMENTS

Achieve recognition as a Bicycle-Friendly Community or Walk-Friendly Community

Date the accreditation was received

2011

Level or status achieved (if applicable)

GOLD status as a bicycle friendly community

LOCAL ACTION 8: PROGRAMS AND SERVICES

Host or partner with community groups to support at least 2 programs that encourage active living for adults and kids

Provide the name and a brief description of the program or service

VNA - Visiting Nurses Association; Safe Routes to School

Identify at least two programs operating in the community that encourage active living

- Safe Routes to Schools or Walking School Bus
- Bike-to-Work Day events
- Community-sponsored bicycle rides
- Community-sponsored fitness programs
- Other: Healthier Living

Total number of program participants in the past 3 years

1,879 participants in Aging Well and Healthier Living; unable to measure how many kids participate in Safe Routes to School; around 200/year participate in Commuter Challenge

Describe the compelling characteristics of the program or service that advances progress towards the desired Outcome(s)

Aging Well is a wellness and aging service to help older adults stay physically fit, mentally active, and socially connected to their communities and to each other by providing health-focused classes and programs for men and women ages 50 and better.

Healthier Living is a 6-week self-management program designed to help adults live healthier and more active lives. Participants learn strategies for managing health challenges and successful goal setting.

Healthier Living classes are held in Routt and Moffat Counties throughout the year.

Safe Routes to School Steamboat Springs consists of a website and print materials available for pick-up at local schools and bike shops. The website and the print material contain an interactive map on which kids can view their school, highlight routes to get to school, and mark their house and friends' houses. The website also lists ten reasons to bike or walk to school, safe walking tips, street crossing safety, safe bike riding tips, and bike hand signals.

As part of Colorado's Bike to Work Month in June, the Steamboat Springs Chamber hosts Bike Week. The Commuter Challenge is one of the events offered during Bike Week. Community Members are invited to sign up in teams or as individuals and track the number of commutes made by bike.

Date program or service was created or implemented

2007

LOCAL ACTION 9: FACILITY AND INFRASTRUCTURE IMPROVEMENTS

Implement a local program that systematically improves bicycle and pedestrian amenities community-wide

List of critical projects completed within the past 3 years

- City Trails Program
- Sidewalk Master Plan- 6 projects completed

Describe the compelling characteristics of the improvement that advances progress towards the desired Outcome(s)

The City Trails Program is part of the Open Space and Trails Program and involves developing and maintaining trails throughout Steamboat Springs. Approximately 60 miles worth of trails have been developed and/or maintained. These trails are for both pedestrians and cyclists and are used for both recreation and transportation. They include the Yampa River Core Trail, a paved trail that takes commuters and recreational users from one side of town to the other (including through downtown).

The Sidewalk Master plan is from 2006, however a Plan for Update and Implementation and a Sidewalk Prioritization were produced in 2015. An official updated version of the Sidewalk Master Plan is set to be finalized this year. These documents set goals for expanding and improving our pedestrian amenities and prioritize specific sidewalk locations in which expansion and improvement are most needed. The "big picture" goal of the Sidewalks Project is to provide an interconnected and continuous network of sidewalks and trails throughout Steamboat Springs that allow residents and visitors to move about town safely and efficiently as pedestrians.

Briefly describe funding invested in facility or infrastructure improvement in the past 3 years

\$350,000 was budgeted for operating and personnel. \$300,000 was spent on improvements and new trails as part of the City Trails Program. According to the Sidewalk Plan for Update and Implementation, the City has \$1.7 million worth of sidewalk responsibility for the completion of the planned updates and improvements as part of the Sidewalk Project. In 2013 and 2014, the City budgeted \$50,000/year for a total of 6 sidewalk improvement projects.

LOCAL ACTION 10: FACILITY AND INFRASTRUCTURE IMPROVEMENTS

Provide at least 3 types of active recreation facilities that are available for community use

Identify at least one active recreation facility operating in the community that meets the thresholds below:

- 3.6 playgrounds per 10,000 residents
- 3.5 ball diamonds per 10,000 residents
- 4.3 basketball hoops per 10,000 residents
- 1.5 skateboard parks per 100,000 residents

Identify two other types of active recreational facilities in the community and list the number of facilities per 10,000 residents, unless otherwise specified above (e.g. swimming pools per 100,000 residents)

4 Ski Areas (nordic or alpine) per 10,000 residents

1 Ice arena per 10,000 residents

Describe the compelling characteristics of the improvement that advances progress towards the desired Outcome(s)

Steamboat Springs experiences snowy winter conditions from late October through Mid-April each year. Winter recreation facilities are critical components of recreation in our community. In addition to playgrounds, ball fields, basketball hoops, two skateboard parks, and one public swimming pool, we also have an indoor tennis center, a golf course, a rodeo/equestrian facility, a botanic garden, two ski areas, three nordic centers and an indoor ice arena within our community. These facilities are highly used - with the 2015 community survey noting that 91% of the population used a City recreation facility in the past year. 40% of the population used a City recreation facility two times a week or more, and 26% used one two to four times a month.

Briefly describe funding invested in facility or infrastructure improvement in the past 3 years

In 2013, 2014 and 2015, the City of Steamboat Springs has spent (or will spend in the remainder of 2015) a total of \$10,505,230 on recreation facilities and recreation infrastructure improvement. An additional \$2,363,752 in funds was dedicated to improving access to two different parks during this same time period.

LOCAL ACTION 11: FACILITY AND INFRASTRUCTURE IMPROVEMENTS

Enable joint use of school-based recreation facilities during non-school hours

Percentage of public schools participating

100%

Describe the compelling characteristics of the improvement that advances progress towards the desired Outcome(s)

The City has a 20-year agreement with Soda Creek Elementary, which allows the Parks and Community Services Department to use their facilities after hours. The facilities at Soda Creek are used daily for after-school programs provided for the students. In addition, two days a week, a student archery group meets in the facilities and uses a net partially paid for by the City. One day a week, open gym is provided for the students.

Additionally, the public middle school is used for rock climbing, and all of the public schools in Steamboat are used for youth and adult sports.

Briefly describe funding invested in facility or infrastructure improvement in the past 3 years

The City paid \$250,000 for a 20-year agreement with Soda Creek in order to use their facilities. The City also contributed \$500 for an archery net used 2 days a week for a student archery group at Soda Creek.

HS-2: COMMUNITY HEALTH & HEALTH SYSTEM

OUTCOME 1: HEALTH OUTCOMES

Demonstrate that the county is a Top US Performer in regards to morbidity and mortality indicators (Partial credit available)

Identify the indicators for the Health Outcomes category where Top US Performer level is achieved

Premature death, poor or fair health, poor physical health days, poor mental health days

Upload the completed STAR-provided Excel spreadsheet

hs-2-communityhealth-outcome1-steamboatsprings.xlsx

OUTCOME 2: HEALTH BEHAVIORS

Demonstrate that the county is a Top US Performer in regards to key behaviors that impact health (Partial credit available)

Identify the indicators in the Health Behaviors subcategory where Top US Performer level is achieved

Adult smoking, adult obesity, physical inactivity, teen births

Upload the completed STAR-provided Excel spreadsheet

hs-2-communityhealth-outcome2-steamboatsprings.xlsx

OUTCOME 3: CLINICAL CARE

Demonstrate that the county is a Top US Performer in regards to quality of clinical care, including access to health care (Partial credit available)

Identify the indicators for the Clinical Care subcategory where Top US Performer level is achieved

Primary care physicians, dentists, preventable hospital stays, diabetic screening (margin of error), mammography screening (margin of error)

Upload the completed STAR-provided Excel spreadsheet

hs-2-communityhealth-outcome3-steamboatsprings.xlsx

OUTCOME 4: QUALITY OF LOCAL HEALTH SYSTEM

Option A: Demonstrate that at least one hospital in the county is recognized as a top performer by the Joint Commission

List the hospital(s) recognized as a top performer in the past 3 years

Hospital Name	Date of Recognition
Yampa Valley Medical Center	2013

Upload documentation verifying status as top performer

hs-2-communityhealth-outcome4-TP_state_list_2014.pdf

PHAB CERTIFICATION

Is the local health department PHAB accredited?

no

Date of accreditation from Public Health Accreditation Board (PHAB)

2015

LOCAL ACTION 1: INVENTORY, ASSESSMENT OR SURVEY

Conduct a comprehensive community health assessment, which includes data collection and analysis of public health conditions, trends, and problems affecting the community

Type of inventory, assessment, or survey – select 1:

- Report

Link to or upload PDF of inventory, assessment, or survey

http://nwcovna.org/documents/Routt_and_Moffat_Community_Health_Improvement_Plan.pdf

Provide the title and describe key findings from the inventory, assessment, or survey

The title of the report is The 2011 Community Health Assessment. In Routt County, only 5.4% of residents chose fair-poor to describe their health (while in Moffat, a neighboring county, that number was 22.5%). In regards to mental health, 70% of Routt County residents reported having no poor mental health days, and 9% reported having 8 or more. Routt County has fewer children with a history of dental caries and untreated tooth decay compared to Colorado (48% and 18% respectively).

Routt County has a lower percentage of unintended pregnancies compared to Colorado (22.5%, 38.6% respectively). Routt County has a very low percentage of teen (ages 15-17) pregnancy at 8.8%. However, Routt County has an alarming number of women reporting alcohol use during pregnancy (34%). There is also a high percentage of adults who report binge drinking in the past 30 days in Routt County (25.5%).

Date the inventory, assessment, or survey was created or completed

2011

LOCAL ACTION 2: PLAN DEVELOPMENT

Develop a community health improvement plan to strengthen the delivery of health services and improve community health

Provide plan title

2012-2016 Community Health Improvement Plan for Routt and Moffat Counties

Link to or upload full plan

http://nwcovna.org/documents/Routt_and_Moffat_Community_Health_Improvement_Plan.pdf

Date plan was officially adopted, endorsed by the local government, or had last major update

2012

If the plan was adopted or updated more than 3 years ago, briefly describe how the plan is still relevant and in use

The plan highlights ways to improve health in the future and is applicable until 2016.

Describe the development process and include information on stakeholder involvement and participating agencies, departments, and/or organizations involved

The 2012-2016 Community Health Improvement Plan for Routt and Moffat Counties is a roadmap for improving public health in several key priority areas across the two counties. The plan provides the background and process for the Colorado Health Assessment and Planning System (CHAPS), highlights findings from the community health assessment, outlines the process by which the public health priorities were chosen, and describes the goals, objectives, and action plans for each health priority area.

In 2008, Senate Bill 08-194, the Public Health Act, was signed into law. One component of Colorado's Public Health Act requires the state health department to create a statewide public health improvement plan. In 2009 Colorado's Public Health Improvement Plan – from Act to Action was published. It outlines a plan to

create a cohesive public health system across Colorado, whereby every person in the state is assured access to core public health services. The Colorado Public Health Act also mandates that each local health agency develop its own local public health improvement plan based on a community health assessment and a capacity assessment. The Public Health Act requires that local plans be developed and implemented by community stakeholders. After community health status and public health capacity are thoroughly reviewed, stakeholders then

participate in a standardized prioritization process that yields goals and strategies for improving local public health in a few key areas.

Provide vision statement or high-level description of plan goals

The plan strives to improve public health among a few key areas across two counties.

Describe the key recommendations of the plan

There are three main focus areas upon which the prioritization process was based: importance to community health, ability to impact the issue, and capacity to address the issue. After two phases, including interviews and quantitative information, the five top priorities were decided to be unintended pregnancy, obesity, unintentional injuries, mental health, and environmental health. NWCOVNA also aims to align its prevention, outreach, education, and care coordination services with current payment reform activities. Prevention can play a vital role in improving value in health care, and is therefore key to creating and maintaining a healthier community.

Many recommendations were made in the plan to address the top 5 priorities. To highlight one of the priorities, recommendations based on mental health consisted of the implementation of an integrated behavioral

health program where patients are screened for depression in primary care offices, and case managers follow the care of those who screen positive. A second strategy was a marketing campaign aimed at increasing suicide awareness.

Does the plan contain quantifiable targets or metrics for evaluating progress?

no

Describe the strategy for implementing plan recommendations, including responsible parties, level of effort anticipated, and resources dedicated

Most of the revenue to fund public health needs, including core services provisions, come from state

sources, private foundations, and City and County governments. Northwest Colorado VNA (NWCOVNA) is successful at billing private health insurance, Medicaid and CHP+, and this represents a growing revenue source, especially in light of insurance reform changes brought about by the Affordable Care Act. Nevertheless, certain projects are perennially underfunded and in general, funding for operations and overhead expenses is difficult to sustain in a rural Local Public Health Area (LPHA). Additionally, many programs have gone through a series of funding cuts and/or are have unreliable funding due to the fiscal crisis the state is facing as a result of the economic downturn. Unpredictable funding in turn presents a significant barrier to program planning and capacity.

NWCOVNA is also in pursuit of clinically appropriate methods of program and service integration. To that end, the agency has applied for and received funding from the Caring for Colorado Foundation and will embark on a year of research and planning to build a comprehensive, integrated organization that can meet the public health needs and funding challenges of the future.

LOCAL ACTION 4: PARTNERSHIPS AND COLLABORATION

Collaboratively engage the public in the assessment of community health problems and developing strategies to improve the delivery of health services

Provide the name of the partnership or committee AND briefly describe each partner's contribution or criteria for committee selection

Northwest Colorado Community Health Partnership consists of community and safety net organizations, health care providers, and government agencies covering Grand, Jackson, Moffat, Rio Blanco and Routt counties.

Type of collaboration

Formal partnership

Link to or upload documentation of the partnership or committee's creation or ongoing work

http://nwcovna.org/community_partnerships.php

Date established

2005

Describe key accomplishments in the past 3 years

In 2015, the NW CO Community Health Partnership won \$50,000 for collaboration and community impact by winning the Colorado Collaboration Award. They established the Northwest Colorado Community Health Center in Moffat County that now provides care to more than 3,000 individuals per year. They developed an integrated behavioral health project between the Northwest Colorado Community Health Center and Colorado West Regional Mental Health, which has served more than 1,000 patients. They organized administration of the Healthy Kids Colorado Survey in Routt, Moffat and Jackson County middle and high schools and established stronger local ordinances to address youth access to alcohol. They developed a system to help low-income families gain access to discounted and sliding fee medical and behavioral health services. They created a local system of medical transportation financed by Yampa Valley Medical Center.

Briefly describe the local government's financial contribution and/or elected official/staff time dedicated in the past 3 years

Routt County has dedicated one of their departments (the Routt County Department of Human Services) to the partnership and has worked with the other members toward their accomplishments.

LOCAL ACTION 5: PARTNERSHIPS AND COLLABORATION

Collaboratively engage the local public health department and relevant local government departments or agencies to integrate health considerations into local plans and policies that affect the built environment, physical activity, and access to fresh food

Provide the name of the partnership or committee AND briefly describe each partner's contribution or criteria for committee selection

Northwest Colorado Food Coalition - Facilitates communication, collaboration, and integrates solutions among individuals and organizations to develop and sustain a resilient food system in Northwest Colorado. Coalition Members: NWCOVNA, Routt County CSU Extension, Community Agriculture Alliance, Routt County Department of Environmental Health, Yampa Valley Sustainability Council, Routt County Department of Health & Human Services

Type of collaboration

Community collaboration

Link to or upload documentation of the partnership or committee's creation or ongoing work

<http://rcextension.colostate.edu/docs/NCFC%20Mission%20Statement.pdf>

Date established

2011

Describe key accomplishments in the past 3 years

Taskforces established: Local Food, Food Security, and Regulatory Sub-Group; Healthy-Eating Initiatives with Livewell Northwest Colorado including 5210 and Go/Slow/Whoa

Briefly describe the local government's financial contribution and/or elected official/staff time dedicated in the past 3 years

CSU Extension, Routt County, Livewell Colorado

LOCAL ACTION 6: EDUCATION AND OUTREACH

Provide information and education to the public regarding health issues and available local programs and services that support prevention and wellness

Type of education and outreach effort within the past 3 years – choose 3:

EVENTS, CLASSES, OR WORKSHOPS

Provide the following for three events, classes or workshops held

Provide the title and a brief description

Kick Butts Day - at the Teen Career and Job Fair at Steamboat Springs High School - providing information encouraging kids to quit (or never start) smoking

Date

03/18/2015

Provide the title and a brief description

Well Body Class - help participants achieve their health goals with nutrition information, weight loss strategies and tools to make lasting lifestyle changes. FREE. Drop ins welcome

Date

03/30/2015

Provide the title and a brief description

Health Fair - provided screenings and immunizations, Health Coverage Guides were also available to answer questions about Health Insurance and Medicaid

Date

10/17/2014

ELECTRONIC MEDIA

Provide the following for electronic media:

Provide the title and a brief description

Northwest Colorado Visiting Nurses Association ENewsletter provides subscribers with updates on events, fundraisers, and important health information.

SOCIAL MEDIA

Provide the following for social media:

Describe social media effort

The Northwest Colorado Visiting Nurses Association Facebook provides subscribers with updates on events, fundraisers, and important health information.

Link to social media website

<http://www.facebook.com/nwcovna>

HS-3: EMERGENCY PREVENTION & RESPONSE

OUTCOME 3: NATIONAL INCIDENT MANAGEMENT SYSTEM

Demonstrate that the community is in compliance with the National Incident Management System (NIMS)

Upload excerpt NIMSCAST report demonstrating NIMS compliance for current or the most recent fiscal year

HS 3 O 3 - 2006_50_NIMSResolutionB.doc

LOCAL ACTION 1: INVENTORY, ASSESSMENT OR SURVEY

Develop a NIMS-compliant local inventory of assets and resources available for emergency response and mutual aid requests

Type of inventory, assessment, or survey – select 1:

- Report

Link to or upload PDF of inventory, assessment, or survey

HS-3 A 1 Inventory.zip

Provide the title and describe key findings from the inventory, assessment, or survey

Steamboat Springs Fire Rescue provides mutual aid response to surrounding fire departments as well as to federal and state agencies. The department maintains an inventory of assets and resources available for both emergency response and mutual aid requests. The inventory (Fire Suppression Apparatus.doc) is updated annually. The roster of trained personnel is updated as personnel change. In addition to the attached inventories, the department has specific inventories of hose, SCBA, PPE, SMS equipment, medical

supplies, and other equipment.

Date the inventory, assessment, or survey was created or completed

2015

LOCAL ACTION 2: EDUCATION AND OUTREACH

Publish information to encourage residents to develop emergency kits and evacuation plans and encourage businesses to develop emergency procedures and shelter-in-place plans

Type of education and outreach effort within the past 3 years – choose 3:

WEBSITE

Provide the appropriate link

<http://www.co.routt.co.us/index.aspx?nid=153>

PRINT MATERIALS

Provide the following for printed material:

Provide the title and a brief description

Routt County Office of Emergency Management provides the monthly newsletter "Emergency Preparedness & Response News" to approximately 100 contacts who work locally in the fields of education, public safety, government, health care, energy, and recreation.

Link to or upload a copy of the printed material

RCOEM Emergency Preparedness and Response News Sept 2015.pdf

SOCIAL MEDIA

Provide the following for social media:

Describe social media effort

The Routt County Office of Emergency Management (RCOEM) posts daily to their Facebook page and shares information from the Federal Emergency Management Agency's (FEMA) www.ready.gov and [nwcovna.org/get ready](http://nwcovna.org/get-ready). The RCOEM also uses Twitter to send out emergency information.

Link to social media website

<https://www.facebook.com/Routt-County-Office-of-Emergency-Management-184997734864642/timeline/>

LOCAL ACTION 3: PARTNERSHIPS AND COLLABORATION

Participate in interstate, statewide, regional, or inter-jurisdictional mutual aid response systems

Provide the name of the partnership or committee AND briefly describe each partner's contribution or criteria for committee selection

The City of Steamboat Springs is a signatory on the original 1990 mutual aid agreement between first responders in Routt County and Northwest Colorado. In addition, the City's EMS/Fire department - Steamboat Springs Fire Rescue - is a participant in the Routt County Wildland Fire Management Annual Operating Plan, which further delineates mutual aid. The plan lists resources from each participating agency, and Partners agree to provide mutual aid, per the plan, as needed. The plan and agreement are updated annually. Steamboat Springs Fire Rescue also makes resources available for local, state, and national deployment to assist with wildfires and other large disasters as requested by the State through its Office of Emergency Management.

Type of collaboration

Formal partnership

Link to or upload documentation of the partnership or committee's creation or ongoing work

HS 3 A3 Mutual Aid.zip

Date established

1993 or before

Describe key accomplishments in the past 3 years

First responding agencies in Routt County updated and signed off on the Routt County Wildland Fire Management Annual operating plan each year for the past three years. The plan lists resources and makes commitments of mutual aid, by all Routt County first responders, as well as Federal land management agencies. The City both provided and received mutual aid in the past three years – please see the attached reports which document this.

Briefly describe the local government's financial contribution and/or elected official/staff time dedicated in the past 3 years

As shown in the attached reports, the City has provided staff time and equipment on 34 mutual aid calls to several different agencies over the past three years. The reports show the number of staff deployed for each mutual aid call, however we do not track the cost of these calls. The cost of each call varies substantially given that a call can last for as short as an hour or for up to several days.

LOCAL ACTION 4: PARTNERSHIPS AND COLLABORATION

Participate in a regional emergency planning commission

Provide the name of the partnership or committee AND briefly describe each partner's contribution or criteria for committee selection

1: Steamboat Fire is a voting member of the Northwest Colorado Regional Emergency Medical and Trauma Advisory Council (NW RETAC). Participation in the RETAC is decided by location in Colorado. The NW RETAC is comprised of Garfield, Mesa, Moffat, Rio Blanco, and Routt Counties. Each County is responsible for appointing members and a RETAC coordinator. Partners work together to develop and update regional planning and to identify regional priorities for funding. This is an appointed committee. 2: Steamboat Fire is a voting member of the Routt County EMS Advisory Council. Steamboat's Fire Chief is the Chairman of the Council. Members are recommended from member agencies and appointed by the County Commissioners. Partners participate in planning, joint training, and equipment and ambulance licensing. This is a community collaboration. 3: Steamboat Fire is a voting member of the Routt County Wildfire Advisory Committee. Partners meet to develop planning and prioritize mitigation activities. This is a community collaboration.

Type of collaboration

Appointed committee

Link to or upload documentation of the partnership or committee's creation or ongoing work

HS-3 A4 RETAC plan.pdf

Date established

1993 or before

Describe key accomplishments in the past 3 years

1: The purpose of the NW RETAC is to provide recommendations concerning regional area emergency medical and trauma services plans for the region. Accomplishments include developing a Biennial Plan for Emergency Medical and Trauma services, reviewing and recommending grant projects for funding, and developing annual financial reports.

2: Routt County EMS Advisory Council meets monthly to discuss issues, trends, joint training opportunities and other items. Over the past three years, the group has implemented three different grants to ensure proper functioning of cardiac monitors, has facilitated the inspections and licensing of all ambulances in the County, and co-funded a multi-agency active shooter school training exercise.

3: The Routt County Wildfire Advisory Committee has updated the annual operating plan for responding to and mitigating wildland fires each year, has partnered with the state on setting fees and personnel for statewide and national deployment, and has reviewed and implemented the annual controlled burn plan and wildfire mitigation for the county.

Briefly describe the local government's financial contribution and/or elected official/staff time dedicated in the past 3 years

1: RETAC meets every other month. Including drive time, the Steamboat Springs Fire Chief and a Routt County representative spend five hours at each meeting. Over one year, city representatives dedicate 90 hours to RETAC. 2: The EMS Council meets every other month for approximately one to two hours. City staff spend 20 hours per year on EMS Council activities. 3: The Wildfire Council meets quarterly for two hours. City staff spend 10 – 15 hours per year on council activities.

LOCAL ACTION 5: PLAN DEVELOPMENT

Adopt a local comprehensive plan for emergency response that include provisions for evacuating low-income, disabled, and other persons likely to need assistance

Provide plan title

Routt County Emergency Operations Plan

Link to or upload full plan

Basic Disaster & Emergency Operations Plan - Approved Revision - 07-26-2011.pdf

Date plan was officially adopted, endorsed by the local government, or had last major update

2011

If the plan was adopted or updated more than 3 years ago, briefly describe how the plan is still relevant and in use

The plan is currently being revised; a draft from December 2014 has been completed and a new plan, based on the 2011 plan, will be adopted soon.

Describe the development process and include information on stakeholder involvement and participating agencies, departments, and/or organizations involved

The FEMA Comprehensive Preparedness Guide 101, the Colorado Disaster Emergency Act, the National Response Framework, and the National Incident Management System were used by the Routt County Office of Emergency Management to prepare, develop, and maintain the Emergency Operations Plan for Routt County. The original plan was adopted in 1999, a revised version was adopted in 2011, and a second revised version is in drafting.

Provide vision statement or high-level description of plan goals

The purpose of the Routt County Emergency Operations Plan is to provide general guidelines and principles for managing and coordinating the overall response and recovery activities before, during, and after major emergencies and disaster events that affect unincorporated areas of the county, as well as incorporated areas that have agreements with Routt County and/or rely on Routt County for the provision of emergency management assistance.

Describe the key recommendations of the plan

The plan asserts that disasters start at the local level and end at the local level. The plan prioritizes operations. A list of the first eight priorities is as follows: saving human lives; treating the injured; warning the public to avoid further casualties; sheltering persons in-place from the effects of the incident; evacuating

people from the effects of the incident; sheltering and caring for those evacuated; saving animals; and protecting property. The plan uses an all-hazards approach that addresses a full range of complex and constantly changing hazards. However, the plan recognizes that the geography and extensive wildland urban interface of Routt County creates special susceptibility to the impacts from wildfire, winter storms, flood, and flooding as a result of dam failure.

Does the plan contain quantifiable targets or metrics for evaluating progress?

no

Describe the strategy for implementing plan recommendations, including responsible parties, level of effort anticipated, and resources dedicated

The newest version of the Emergency Operations Plan will be presented along with the Routt County Hazard Mitigation Plan on the Routt County website. Public meetings for comments and additions will be held before adoption (which will be by resolution) of the newest version takes place.

Implementation of the plan will be conducted by the Routt County Office of Emergency Management and the Office of Emergency Management Director. The Director will establish training and orientation meetings with county departments and elected offices and will conduct tests and exercises pertaining to the activation of the plan.

LOCAL ACTION 6: PRACTICE IMPROVEMENTS

Participate in training drills that involve the public and emergency management personnel from multiple departments and/or multiple jurisdictions

Describe the practice improvement

The City's Fire/EMS department partners with surrounding public safety agencies, including Routt County Office of Emergency Management, Yampa Valley Regional Medical Center and adjacent fire protection districts on multi-agency trainings on an annual basis. Police are involved in some of these trainings. The City's police department regularly trains with the Routt County Sheriff's department on its CERT.

Describe key accomplishments in the past 3 years

Key accomplishments in the past three years include 1. A full scale, four hour long exercise called Airmedex-14 at the Yampa Valley Regional Airport in Hayden, CO was conducted in August of 2014 to test the Airport Emergency Plan. The same exercise (called Airmedex-11) was conducted in three parts in 2010-2011. The

Routt County Sheriff's Office, Steamboat Springs Fire, the Yampa Valley Medical Center, Routt County Board of County Commissioners, and the Routt County Office of Emergency Management participated, among others.

2. Steamboat Fire and Police participated in a "school shooter" training in 2014.

3. Steamboat Fire and Police also participate in hospital drills with Yampa Valley Medical Center staff.

4. Steamboat Fire and Police also participate in the regional Incident Command System (ICS) training. The most recent class attended was the ICS-400 in September of 2015. Finally, as a result of all trainings, improvement plans have been set into place to ensure successful handling of events/incidents in the future. We do not have annual reports for regional cooperation on training, however have attached information regarding the Airmedex training and the improvement plan that resulted from the training. This report is standard for each of our joint training exercises.

Link to or upload a copy of annual report – if applicable

HS-3 Emergency Prevention and Response A-6 Airmedex-14.pdf

LOCAL ACTION 7: PRACTICE IMPROVEMENTS

Perform an annual review or assessment of plans, procedures, resources, and trainings based on emergency response incidents and demands

Describe the practice improvement

After action reports are completed for exercises and large incidents involving multiple agencies. All structure fires and incidents that significantly tap our resources, such as accidents requiring extrication and/or a scene flight for a medical helicopter are reviewed.

Describe key accomplishments in the past 3 years

The Airmedex-14 After-Action Report/Improvement Plan from August of 2014 "aligned exercise objectives with preparedness doctrine to include the National Preparedness Goal and related frameworks and guidance. Exercise information required for preparedness reporting and trend analysis is included." It highlighted strengths and areas for improvement for each participant. For example, the Hayden Police Department was able to establish control points and perimeters early, worked well with medical responders, and had good interactions with other agencies. However, they need to be more familiar with and understand better the Yampa Valley Regional Airport (YVRA) Emergency Plan and the YVRA Communications Plan.

Link to or upload a copy of annual report – if applicable

HS-3 Emergency Prevention and Response A-7 Airmedex-14.pdf

LOCAL ACTION 9: PROGRAMS AND SERVICES

Host an active Community Emergency Response Team (CERT) or Medical Reserve Corps (MRC)

Provide the name and a brief description of the program or service

Combined Emergency Response Team - City of Steamboat Springs and Routt County

Number of participants annually over the past 3 years

- Total officers annually: 14 for each of the past three years.

Describe the compelling characteristics of the program or service that advances progress towards the desired Outcome(s)

The City of Steamboat Springs' Emergency Response Team combined resources with the Routt County Sheriff's Emergency Response Team in 2012, called the Combined Emergency Response Team (CERT). The combined team has 14 members. The CERT trains eight hours a month. "It is the mission of the team to protect the lives in our community while utilizing superior police tactical skills, special weapons, and equipment."

Date program or service was created or implemented

2012

LOCAL ACTION 10: PROGRAMS AND SERVICES

Distribute emergency kits or supplies to residents, particularly low-income and vulnerable populations

Provide the name and a brief description of the program or service

The City of Steamboat Springs provides free sand bags for residents to protect their homes during high water emergencies.

Number and type of kits or supplies distributed annually over the past 3 years

- The City provides approximately 300 bags per year
- but will provide as many as are needed. In 2011
- a year of extreme high water
- over 10
- 000 bags were provided.

Describe the compelling characteristics of the program or service that advances progress towards the desired Outcome(s)

The City delivers (free of charge) the bags and sand to be filled by residents upon request.

Date program or service was created or implemented

2000

HS-4: FOOD ACCESS & NUTRITION

OUTCOME 1: LOCAL FRESH FOODS

Option B: Demonstrate an increase over the past 3 years in the amount of fresh food sold locally at farmers markets or other direct farm-to-consumer activities

Upload completed Excel worksheet demonstrating increases in the amount of fresh food sold locally

hs-4-foodaccessnutrition-outcome1-optB-steamboatspringsco.xlsx

PROVIDE THE MOST RECENT COUNT OF EITHER

The number of farmers selling produce at farmers markets

20

OUTCOME 3: ACCESS TO HEALTHFUL FOOD

Option A: Demonstrate an increase over the past 3 years in the percentage of residents within a walkable ¼-mile of a healthful retail food outlet

Provide the overall increase in the percentage of residents within a walkable ¼-mile of a healthful retail food outlet over the past 3 years

2.5%

Upload completed Excel worksheet demonstrating increases in the percentage of residents with access to a healthful retail outlet

hs-4-foodaccessnutrition-outcome3-optA_SteamboatSprings.xlsx

Upload a map showing healthful food retail outlets and the increased access for residents

HS4O3_updated.pdf

LOCAL ACTION 1: INVENTORY, ASSESSMENT OR SURVEY

Conduct an assessment of the local food system, including existing policies and programs that increase access to healthful food and nutrition education

Type of inventory, assessment, or survey – select 1:

- Report

Link to or upload PDF of inventory, assessment, or survey

<http://rcextension.colostate.edu/docs/Food%20Assessment%20PART-II%20%20FINAL.pdf>

Provide the title and describe key findings from the inventory, assessment, or survey

Routt County Food Assessment Part 2 of 3. Key findings (from page 86): Youth and adult consumption of healthy food in Routt County fall significantly short of USDA recommendations. The average BMI in children is increasing, and there is an increasing percentage of overweight adults in Routt County, which has an economic impact on the community. It was concluded that we need to empower parents to purchase, serve, and eat healthy foods with their families. A larger than expected percentage of residents are food insecure (12.9%). Because food costs are generally high in Routt County, it is a concern that a significant number of these residents either are not eligible for income-based food assistance programs or are eligible and not enrolled. There is probably a disconnect between residents' perceptions about the costs of healthy, local eating and the actual costs, and this needs to be addressed. The Northwest CO Food Coalition has thus divided into four task forces and will develop strategies to address the assessment's findings.

Date the inventory, assessment, or survey was created or completed

2013

LOCAL ACTION 2: POLICY AND CODE ADJUSTMENT

Adopt zoning and development regulations that allow farmers markets, community gardens, and urban agriculture

Provide the title of the specific policy or code

Article IV. Zone Districts & Permitted Uses

Link to or upload copy of the policy or code requirement

https://www.municode.com/library/co/steamboat_springs/codes/code_of_ordinances?nodeId=PTIISTSPREMUCO_CH26CO

Describe the compelling characteristics of the policy or regulation that advance progress towards the desired Outcome(s)

Community gardens and temporary goats are a use by right in every zone district. Chickens are allowed in

some residential districts as a use by right. Goats are a conditional use in some residential districts.

Was there public engagement during development of the policy or regulation?

yes

Date policy or code adoption was adopted or last major update

2008

LOCAL ACTION 5: POLICY AND CODE ADJUSTMENT

Demonstrate that the local public school district has adopted a model school wellness policy

Provide the title of the specific policy or code

Steamboat Springs School District Wellness Policy / Steamboat Springs School District Healthy Beverages Standards for Schools

Link to or upload copy of the policy or code requirement

HS 4 A 5 School Wellness Policy.zip

Describe the compelling characteristics of the policy or regulation that advance progress towards the desired Outcome(s)

The Wellness Policy covers nutrition, physical activity, school environment, physical education, after school programs, prohibition of tobacco, alcohol and drug use, and the hosting of health clinics and health screenings. The Healthy Beverages Standards restricts beverages served and sold on school grounds to students.

Was there public engagement during development of the policy or regulation?

yes

Date policy or code adoption was adopted or last major update

2007

LOCAL ACTION 6: PARTNERSHIPS AND COLLABORATION

Establish a local or regional food policy council that includes health professionals, community organizations, schools, farmers, and/or related businesses

Provide the name of the partnership or committee AND briefly describe each partner's contribution or criteria for committee selection

The Northwest Colorado Food Coalition is made up of a dozen partners and is divided into four task forces, which are local food, food security, garden/greenhouse, and education/advocacy.

Type of collaboration

Formal partnership

Link to or upload documentation of the partnership or committee's creation or ongoing work

<http://rcextension.colostate.edu/docs/NCFC%20Mission%20Statement.pdf>

Date established

2011

Describe key accomplishments in the past 3 years

Accomplishments of the Local Food task force: They worked with various departments of Routt County to create a process to assist new farmers and food businesses in understanding local regulations as they develop their business plans.

Accomplishments of the Food Security task force: They increased produce access for food pantry clients & food rescue programs with local businesses.

Accomplishments of the Garden/Greenhouse task force: They increased the number of gardens and greenhouses available for residents labelled as food insecure.

Accomplishments of the Education/Advocacy task force: They helped to promote 5210 and Go, Slow, Whoa campaigns in schools and the community, programs that help the public make more informed healthy food choices.

Briefly describe the local government's financial contribution and/or elected official/staff time dedicated in the past 3 years

The City of Steamboat Springs and Routt County Commissioners are all regularly updated on ongoing work, and their staff assists with support as needed (e.g., the City of Steamboat has an MOU with the Community Agriculture Alliance to use refrigerator and storage space). The City and the County also give significant in-kind donations to the Northwest Colorado Food Coalition. The City also funds some of the partners involved with the coalition, such as the Community Agriculture Alliance, the Northwest Colorado Visiting Nurse Association, Yampa Valley Sustainability Council, and Lift-Up of Routt County.

LOCAL ACTION 7: EDUCATION AND OUTREACH

Develop public outreach materials, classes, or workshops for residents to learn about food, nutrition, and gardening OR develop public outreach materials to promote food assistance programs

Type of education and outreach effort within the past 3 years – choose 3:

EVENTS, CLASSES, OR WORKSHOPS

Provide the following for three events, classes or workshops held

Provide the title and a brief description

Talking Green: The Future of Aquaponics as Sustainable Food Systems

Date

06/23/2015

Provide the title and a brief description

Apres Ski Party and Panel Discussion talked about the partnership between ranching, conservation, recreation, and local foods.

Date

03/10/2015

Provide the title and a brief description

Seed Selection and Starting, Garden Mapping talked specifically about what works well locally and provided hands-on experience for how to start seeds inside during the spring.

Date

03/24/2015

WEBSITE

Provide the appropriate link

https://www.communityagalliance.org/uploads/CSU_Gardening_Resource_List__9_.pdf

ELECTRONIC MEDIA

Provide the following for electronic media:

Provide the title and a brief description

Cooking Matters Webinar training provided by LiveWell Colorado and CSU Extension equips health leaders to run Cooking Matters in their communities, provides hands-on courses to teach families to be self-sufficient in the kitchen.

Provide link (if applicable)

<http://livewellcolorado.org/livewells-commitment/events/cooking-matters-in-the-home>

HS-5: INDOOR AIR QUALITY

LOCAL ACTION 1: POLICY AND CODE ADJUSTMENT

Prohibit smoking in all enclosed public places, including restaurants, bars, and workplaces

Provide the title of the specific policy or code

Colorado Clean Indoor Air Act

Link to or upload copy of the policy or code requirement

hs-5-action 1 colorado clean indoor air act.pdf

Describe the compelling characteristics of the policy or regulation that advance progress towards the desired Outcome(s)

This state law prohibits smoking in indoor areas open to the public, public meetings, food service establishments, public transportation, places of employment and outdoor areas within 15 feet of a public entryway.

Was there public engagement during development of the policy or regulation?

yes

Date policy or code adoption was adopted or last major update

2006

LOCAL ACTION 3: POLICY AND CODE ADJUSTMENT

Require all new or substantially renovated local government and school buildings to incorporate advanced ventilation standards

Provide the title of the specific policy or code

City Ordinance 2443 adopting the 2009 International Codes; Rules and Regulations Governing the Schools in the State of Colorado

Link to or upload copy of the policy or code requirement

HS-5 A-3.zip

Describe the compelling characteristics of the policy or regulation that advance progress towards the desired Outcome(s)

2012 City Ordinance 2443 adopting the 2009 International Code included the International Mechanical Code. The Ordinance went into effect in January of 2013. The Mechanical Code addresses natural and mechanical ventilation standards in all buildings, including local government buildings. The City and the County will seek to adopt the 2015 International Building Codes in 2016.

School building ventilation standards are handled by the State of Colorado. They are addressed in Chapters 5 and 8 of the Rules and Regulations Governing the Schools in the State of Colorado most recently updated in 2003.

Was there public engagement during development of the policy or regulation?

yes

Date policy or code adoption was adopted or last major update

2012

LOCAL ACTION 4: EDUCATION AND OUTREACH

Conduct local public education campaigns regarding prevention and safe remediation of common indoor air pollutants

Type of education and outreach effort within the past 3 years – choose 3:

EVENTS, CLASSES, OR WORKSHOPS

Provide the following for three events, classes or workshops held

Provide the title and a brief description

National Radon Prevention Month

Date

January, annually

PRINT MATERIALS

Provide the following for printed material:

Provide the title and a brief description

CSU Extension Preventing Radon Problems in the Home

Link to or upload a copy of the printed material

<http://www.ext.colostate.edu/pubs/consumer/09953.pdf>

OTHER

Description of education or outreach effort

PSA w/ local radio stations

LOCAL ACTION 8: PROGRAMS AND SERVICES

Provide free, subsidized, or at-cost supplies to test and monitor IAQ to prevent harm from common pollutants

Provide the name and a brief description of the program or service

Radon Testing - At-Cost Supplies

Total number and type of supplies distributed in the past 3 years

Short-term tests available at-cost (\$5/each) through Routt County CSU Extension; 150 tests distributed/year = 450 tests conducted over a 3-year timeframe.

Describe the compelling characteristics of the program or service that advances progress towards the desired Outcome(s)

Radon is a colorless, odorless, radioactive gas emitted from uranium, a naturally occurring mineral in rocks and soil. Radon has been identified as a risk factor in developing lung cancer. The only way to know if a home has elevated levels of radon is to test it. All homes in Colorado should be tested for radon. Tests are available for \$5/each through Routt County CSU Extension Office. The availability of these tests promotes an increased awareness of the impacts of radon as well as mitigation techniques to protect public health.

Date program or service was created or implemented

2005

LOCAL ACTION 9: PROGRAMS AND SERVICES

Provide grants or loans to remediate indoor air pollution problems in low-income homes or affordable rental units

Provide the name and a brief description of the program or service

No local programs offered. Referred to Colorado Department of Public Health & Environment

Total number of households receiving assistance or total amount of public funding provided in the past 3 years

CDPHE - Financial Assistance to Reduce Radon in Your Home: Funding sources identified through Colorado Department of Local Affairs (Home Rehabilitation Programs), U.S. Department of Energy (Office of Energy Efficiency and Renewable Energy), U.S. Department of Agriculture (Rural Repair and Rehabilitation Loans and Grants).

Describe the compelling characteristics of the program or service that advances progress towards the desired Outcome(s)

Colorado, through both its Division of Housing and Division of Local Government, offers community development block grant funds for radon mitigation.

www.colorado.gov/pacific/cdphe/low-income-radon-mitigation-assistance

Date program or service was created or implemented

2015

HS-6: NATURAL & HUMAN HAZARDS

LOCAL ACTION 1: PLAN DEVELOPMENT

Develop a hazard mitigation action plan that includes an all-hazard vulnerability assessment of the community's primary hazard threats

Provide plan title

Routt County Multi-Hazard Mitigation Plan

Link to or upload full plan

<http://www.co.routt.co.us/DocumentCenter/View/2229>

Date plan was officially adopted, endorsed by the local government, or had last major update

2010

If the plan was adopted or updated more than 3 years ago, briefly describe how the plan is still relevant and in use

The plan is currently being used to form an updated plan. This process began in 2015.

Describe the development process and include information on stakeholder involvement and participating agencies, departments, and/or organizations involved

The plan was prepared pursuant to the requirements of the Disaster Mitigation Act of 2000 and to achieve eligibility for the Federal Emergency Management Agency (FEMA) Flood Mitigation Assistance, Pre-Disaster Mitigation, and Hazard Mitigation Grant Programs. The participating agencies were: Routt County, City of Steamboat Springs, Town of Oak Creek, Town of Hayden, Town of Yampa, Steamboat Springs Fire Protection District (FPD), Oak Creek FPD, Yampa FPD, West Routt FPD, North Routt FPD. The County's planning process followed a methodology prescribed by FEMA, which began with the formation of a Hazard Mitigation Planning Committee (HMPC) comprised of key stakeholders from Routt County, participating jurisdictions, and state and federal agencies. The HMPC conducted a risk assessment that identified and profiled hazards that pose a risk to Routt County, assessed the County's vulnerability to these hazards, and examined the capabilities in place to mitigate them.

Provide vision statement or high-level description of plan goals

Goals are 1: To reduce risk to the people, property, and environment of Routt County from the impacts of natural hazards, 2: Protect critical facilities and infrastructure, 3: Minimize economic loss, 4: Implement the mitigation actions identified in the plan.

Describe the key recommendations of the plan

Potential mitigation activities for each potential hazard were listed and given a priority level from High to Low. Recommendations are included on pages 127 to 130 of the plan.

Does the plan contain quantifiable targets or metrics for evaluating progress?

yes

Describe the strategy for implementing plan recommendations, including responsible parties, level of effort anticipated, and resources dedicated

Jurisdictions who would be responsible for implementing the recommendations are listed in the plan.

LOCAL ACTION 2: PLAN DEVELOPMENT

Develop a post-disaster plan that addresses long-range redevelopment issues such as land use, economic development, housing, infrastructure, public services, and environmental restoration

Provide plan title

Routt County Basic Disaster and Emergency Operations Plan

Link to or upload full plan

HS-6 A-2 Steamboat Springs Basic Disaster & Emergency Operations Plan - Approved Revision - 07-26-2011.pdf

Date plan was officially adopted, endorsed by the local government, or had last major update

2011

If the plan was adopted or updated more than 3 years ago, briefly describe how the plan is still relevant and in use

The Plan is currently being used to form an updated version. There is currently a fully formed draft that was made in 2014.

Describe the development process and include information on stakeholder involvement and participating agencies, departments, and/or organizations involved

The Plan was prepared by the Routt County Office of Emergency Management and was reviewed and adopted by the Routt County Board of County Commissioners in 2011.

Provide vision statement or high-level description of plan goals

The purpose of the Routt County Basic Disaster & Emergency Operations Plan is to provide general guidelines and principles for managing and coordinating the overall response and recovery activities before, during, and after major emergencies and disaster events that affect unincorporated areas of the county as well as incorporated areas that have agreements with Routt County and/or rely on Routt County for the provision of emergency management assistance.

Describe the key recommendations of the plan

The Plan doesn't focus on recommendations, but rather outlining which departments are responsible for which emergency operation and post-disaster operation. The Plan does touch upon a few goals and priorities. The Plan states that "a multi jurisdictional effort will be required to effectively manage most major incidents." Therefore, while Routt County is responsible for emergency response operations, cooperation with Steamboat Springs, Hayden, Oak Creek, and Yampa is necessary.

Does the plan contain quantifiable targets or metrics for evaluating progress?

no

Describe the strategy for implementing plan recommendations, including responsible parties, level of effort anticipated, and resources dedicated

The Plan describes which entities will be responsible for various operations related to emergency management. The entities who were given a set of responsibilities are the Routt County (RC) Board of Commissioners, the RC Manager, the RC Office of Emergency Management, the RC Attorney, the RC Sheriff's Office, the RC Communications Center, the Yampa Valley Regional Airport, the RC Building & Plant / Purchasing Department, the RC Regional Building Department, the RC Accounting and Finance Department, the RC Assessor, the RC Clerk and Recorder, the RC Extension Office, the RC Coroner, the RC IS/GIS Department, the RC Department of Environmental Health, the RC Department of Human Services, the RC Road and Bridge Department, the RC Planning Department, the VNA, the RC Department of Public Health, the RC Personnel Department, the RC Treasurer, the RC School Districts, and Amateur Radio Operators.

For example, the Emergency Management Director for the County is responsible for regularly scheduled plan updates and revisions, and for developing a training and exercise program to familiarize county, municipal and other emergency officials with provisions of the plan. The RC Building & Plant / Purchasing Department will be responsible for 1. facilitating procurement of emergency-related supplies and materials and

administration of vendor contracts for emergency services and equipment, and 2. the restoration of public facilities, services, and utilities.

LOCAL ACTION 3: EDUCATION AND OUTREACH

Increase community awareness of natural hazards through education and outreach materials

Type of education and outreach effort within the past 3 years – choose 3:

WEBSITE

Provide the appropriate link

<http://www.co.routt.co.us/index.aspx?nid=153>

SOCIAL MEDIA

Provide the following for social media:

Describe social media effort

The Routt County Office of Emergency Management Facebook page has over 290 followers, and posts are made daily to educate and inform the public about natural and manmade hazards and other issues of importance to the community.

Link to social media website

<https://www.facebook.com/Routt-County-Office-of-Emergency-Management-184997734864642/timeline/>

OTHER

Description of education or outreach effort

The CodeRed™ system provides public safety officials with the ability to provide pre-recorded emergency telephone notification/ information messages to targeted areas or the entire County. Residents and businesses are encouraged to sign up for CodeRed™ to be sure they receive timely emergency notifications when alerts are issued.

Total number of participants

8,299 people in Steamboat Springs signed up to receive notices on their cell phones or land lines.

LOCAL ACTION 4: PLAN DEVELOPMENT

Integrate an all-hazard vulnerability assessment or other key local hazards information into the community's comprehensive plan

Provide plan title

Steamboat Springs Area Community Plan

Link to or upload relevant sections of the plan

<http://steamboatsprings.net/DocumentCenter/View/1797>

Date plan was officially adopted, endorsed by the local government, or had last major update

2004

If the plan was adopted or updated more than 3 years ago, briefly describe how the plan is still relevant and in use

The Steamboat Springs Community Area Plan is still relevant and in use because it provides perspective and guidance in considering the intent of the code and any variance to it. The community plan also provides guidance to future land use plan amendments, annexations, rezoning, PUDs, subdivision or any other development proposals that may influence the broader community. It also contains ongoing action items.

Describe the development process and include information on stakeholder involvement and participating agencies, departments, and/or organizations involved

Public officials, staff, consultants, citizen volunteers, working group members and the public collaborated over a period exceeding two years from November 2001 through January 2004 to update the 1995 Plan and develop the 2004 Community Plan.

Provide vision statement or high-level description of plan goals

The Steamboat Springs community will be responsible stewards of the natural, scenic, and environmentally sensitive areas. Responsible stewardship includes identification, preservation and conservation through education, guidelines, regulations, and enforcement.

Describe the key recommendations of the plan

Key recommendations of the plan include identifying flood-prone areas, strengthening floodplain regulations, increasing minimum setbacks for waterbodies, and discouraging development from occurring in floodplains. Also recommended is providing water and riparian area buffers from development and preventing development in geologically unstable areas or steep slopes.

Does the plan contain quantifiable targets or metrics for evaluating progress?

yes

Describe the strategy for implementing plan recommendations, including responsible parties, level of effort anticipated, and resources dedicated

Implementation strategies include identifying flood-prone areas, revising and strengthening floodplain standards, increasing minimum setbacks, and limiting development on grades steeper than 30%. The plan contains an action matrix, specifying responsible parties and whether the action is ongoing, short-term, mid-term, or long-term. The City and County are responsible for the action items pertaining to this question.

LOCAL ACTION 5: POLICY AND CODE ADJUSTMENT

Adopt zoning regulations that limit development in areas of high hazard vulnerability

Provide the title of the specific policy or code

Article VI - Flood Damage Prevention, Sec. 26-146. - Performance, operational and environmental standards, Sec. 26-154 - Parks & Open Space Standards, Chap 26 Article IV - Zone Districts & Permitted Uses

Link to or upload copy of the policy or code requirement

https://www.municode.com/library/co/steamboat_springs/codes/code_of_ordinances?nodeId=PTIISTSPREMUCO_CH26CO163DEST

Describe the compelling characteristics of the policy or regulation that advance progress towards the desired Outcome(s)

Article VI Flood Damage Prevention: There are areas of the city that are "subject to periodic inundation that may result in loss of life and property, health and safety hazards, disruption of commerce and governmental services, extraordinary public expenditures for flood protection and relief, and impairment of the tax base, all of which adversely affect the public health, safety and general welfare." Therefore, an article in the Steamboat Springs Code was added to minimize these risks. Special flood hazard area was determined using FEMA's report entitled "The Flood Insurance Study of Routt County, Colorado and Incorporated Areas." The article provides a list of general development standards that apply in all areas of special flood hazard, including anchoring requirements and standards for residential construction, nonresidential construction, and critical facilities.

Sec 26-146: The performance, operation, and environmental standards advance progress toward the desired outcome by ensuring that land uses do not cause pollution and in doing so limits development in vulnerable areas.

Sec. 26-154: The Parks & Open Space Standards re: Natural Preserve/Hillside/Riparian Areas advances progress toward the desired outcome by limiting the types of development and improvements that can be made to such areas. Chap 26 Article IV: The use classifications in the CDC advance progress toward the desired outcome by allowing natural resource/preserve/open land as a use by right in every zone district.

Was there public engagement during development of the policy or regulation?

yes

Date policy or code adoption was adopted or last major update

2009

LOCAL ACTION 6: POLICY AND CODE ADJUSTMENT

Enact building codes with heightened standards for buildings in areas of high hazard vulnerability

Provide the title of the specific policy or code

City Ordinance 2443 adopting the 2009 International Codes

Link to or upload copy of the policy or code requirement

HS-6 A-6.zip

Describe the compelling characteristics of the policy or regulation that advance progress towards the desired Outcome(s)

2012 City Ordinance 2443 adopting the International Building Code (IBC) 2009 edition was effective in January of 2013. Both the City and the County adopted the codes. Chapter 16 of the IBC addresses structural design standards in situations in which heavy snow loads, wind loads, rain loads, flood loads, or earthquake loads have heightened possibility. Those seeking building permits in areas where those hazards have heightened possibility must meet higher standards or will have their project shut down. The City and the County will seek to adopt the 2015 International Codes in 2016.

Was there public engagement during development of the policy or regulation?

yes

Date policy or code adoption was adopted or last major update

2012

LOCAL ACTION 8: FACILITY AND INFRASTRUCTURE IMPROVEMENTS

Build or renovate locally-owned public facilities to meet higher building code standards to be used as shelters, command centers, and to set an example for the community

Number of buildings renovated in the past 3 years

none

Describe the compelling characteristics of the improvement that advances progress towards the desired Outcome(s)

No buildings have been renovated or built in the past three years to meet the desired outcome. However, a new police station is budgeted and the planning process for the new facility has begun - thus far we have completed a space needs analysis, identified a location, developed conceptual designs for the new station. Design is underway and construction is anticipated for 2017. This new station will meet higher building code standards.

Briefly describe funding invested in facility or infrastructure improvement in the past 3 years

In 2015, the City spent \$475,063 on the initial design phases. In 2016, \$500,000 is budgeted to complete the design stage, and in 2017, \$6,882,000 is budgeted to complete construction.

HS-7: SAFE COMMUNITIES

OUTCOME 1: VIOLENT CRIME RATE

Demonstrate that the average violent crime rate for the past 3 years is below the following thresholds:

- 5.5 homicides per 100,000 residents
- 70 incidents of rape or attempted rape per 100,000 residents
- 462.7 aggravated assaults per 100,000 residents

Average annual number of homicides over the past 3 years

zero

Average annual number of incidents of rape or attempted rape over the past 3 years

49.37

Average annual number of aggravated assaults over the past 3 years

213.63

Upload completed Excel worksheet showing the annual number of violent incidents in each category

hs-7-safecommunities-outcome1-optA-steamboatsprings.xlsx

OUTCOME 2: SCHOOL VIOLENCE

Demonstrate that the average number of incidents of school violence is less than 10 per 1,000 students for all public schools in the jurisdiction

Provide the average annual number of incidents of school violence from the most recent 3 year period

2.57

Upload completed Excel worksheet showing the annual number of violent incidents

hs-7-safecommunities-outcome2.steamboatspringsco.xlsx

LOCAL ACTION 1: INVENTORY, ASSESSMENT OR SURVEY

Conduct a survey of community perceptions of safety recognizing that some crimes are not reported and to illuminate safety issues that need to be addressed

Type of inventory, assessment, or survey – select 1:

- Survey

Link to or upload PDF of inventory, assessment, or survey

HS-7 Safe Communities A-1 - steamboat springs.pdf

Provide the title and describe key findings from the inventory, assessment, or survey

Steamboat Springs 2015 Community Survey. In it, participants were asked to rate the quality of their overall sense of safety, and to rate the quality of crime prevention services in Steamboat Springs. Participants were also asked to write in their feelings about the allocation of resources in the city.

When asked to rate the quality of their overall feeling of safety, 97% of participants responded with "excellent" or "good." In 2005, that number was 76%. The sense of safety in Steamboat is incredibly high and has risen substantially in the past 10 years. When asked to rate the quality of crime prevention services, 67% responded with "excellent" or "good." This number is lower when compared to a population size benchmark. In the "write-in" portion of the survey, no participants alluded to feeling as if crime were an issue in the Core Services, Enforcement, or Other sections.

Date the inventory, assessment, or survey was created or completed

2015

LOCAL ACTION 7: PROGRAMS AND SERVICES

Implement violence prevention programs and strategies to address community-identified risk and

protective factors

Provide the name and a brief description of the program or service

Advocates Building Peaceful Communities - provides supportive opportunities for crime victims and others in the community through intervention, education, advocacy, and community awareness

Number of participants in the past 3 years

850 clients, 1180 teens

Describe the compelling characteristics of the program or service that advances progress towards the desired Outcome(s)

Advocates receives funding from the City's Community Support budget. They are a nonprofit dedicated to serving children, women, and men to promote safety and provide supportive opportunities through intervention, education, advocacy, and community awareness. Advocates provides immediate, 24-hour crisis response to victims, assesses for risk and safety of all victims, and provides education and awareness information regarding intimate partner violence, sexual violence, stalking, and teen violence. They provide many services to the community, including (but not limited to) residential shelters, counseling, support groups, training and consultations for employers under the Workplace Violence Project, support during and after an investigation process, and violence prevention in the form of teen peer education, which takes place at the elementary, middle, and high schools in Routt County. One day each semester, Advocates goes into the Steamboat Springs High School's 9th and 10th grade Health Class and the Middle School's 6th, 7th, and 8th grade classes to discuss healthy living. The program focuses on healthy relationships, harassment and flirting, bullying, dating violence, and sexual violence. Advocates recently published a series in the newspaper called the "Never Again Campaign" meant to spread awareness of domestic violence and recent cases of fatal domestic violence in the County, and ways that these incidents can be prevented. In collaboration with the Colorado Mountain College in Steamboat Springs and Breaking Silence, a Boulder-based program, in October of 2015, there was an interactive exhibit regarding violence and prevention, which was open to the public.

LOCAL ACTION 8: PROGRAMS AND SERVICES

Implement school-based violence prevention programs and strategies, particularly in highly impacted, urban, and at-risk neighborhoods

Provide the name and a brief description of the program or service

Advocates Building Peaceful Communities - provides supportive opportunities for crime victims and others in the community through intervention, education, advocacy, and community awareness; School Resource Officer and Peer Mediation Panel

List of participating schools

- Steamboat Springs Middle School
- Steamboat Springs High Schools

Describe the compelling characteristics of the program or service that advances progress towards the desired Outcome(s)

Advocates receives funding from the City's Community Support budget. They are a nonprofit dedicated to serving children, women, and men to promote safety and provide supportive opportunities through intervention, education, advocacy, and community awareness. Advocates provides education and awareness information regarding intimate partner violence, sexual violence, stalking, bullying, and teen violence, in the form of teen peer education, which takes place at the elementary, middle, and high schools in Routt County. One day each semester, Advocates goes into the Steamboat Springs High School's 9th and 10th grade Health Class and the Middle School's 6th, 7th, and 8th grade classes to discuss healthy living. The program focuses on healthy relationships, harassment and flirting, bullying, dating violence, and sexual violence.

Also provided at the Steamboat Springs High School is a School Resource Officer and a Peer Mediation Panel. The Resource Officer is provided by the Police Department. The Peer Mediation Panel is a group of high school students who serve to help their peers successfully handle student-student conflict that would otherwise have gone unresolved. The panel promotes the peaceful resolution of conflict and teaches high school students about successful mediation techniques.

LOCAL ACTION 9: PROGRAMS AND SERVICES

Develop violence intervention programs and strategies to support at-risk families and youth and to prevent the escalation of violence

Provide the name and a brief description of the program or service

Advocates Building Peaceful Communities - working to diminish the incidence and impact of domestic and sexual violence, and other crimes, in Routt County

Total number of participants in all programs in the past 3 years

average 290 victims/year, however countless more are regularly educated by Advocates

Describe the compelling characteristics of the program or service that advances progress towards the desired Outcome(s)

Advocates is dedicated to serving children, women, and men to promote safety and provide supportive opportunities through intervention, education, advocacy, and community awareness. Advocates provides immediate, 24-hour crisis response to victims, assesses for risk and safety of all victims, and provides education and awareness information regarding intimate partner violence, sexual violence, stalking, and teen violence. They provide many services to the community, including (but not limited to) residential shelters, counseling, support groups, training and consultations for employers under the Workplace Violence Project, support during and after an investigation process, and violence prevention in the form of teen peer education. One day each semester, Advocates goes into the Steamboat Springs High School's 9th and 10th grade Health Class and the Middle School's 6th, 7th, and 8th grade classes to discuss healthy living. The program focuses on healthy relationships, harassment and flirting, bullying, dating violence, and sexual violence.

LOCAL ACTION 10: PROGRAMS AND SERVICES

Adopt violence suppression and enforcement programs and strategies that support and build trust within the community

Provide the name and a brief description of the program or service

Advocates Building Peaceful Communities - provides supportive opportunities for crime victims and others in the community through intervention, education, advocacy, and community awareness

List of participating agencies and organizations in the past 3 years

- Steamboat Springs School District
- Steamboat Pilot and Today (Newspaper)
- Colorado Mountain College
- Breaking Silence
- Law Enforcement
- Steamboat Springs Rotary Club

Describe the compelling characteristics of the program or service that advances progress towards the desired Outcome(s)

Advocates receives funding from the City's Community Support budget. They are a nonprofit dedicated to serving children, women, and men to promote safety and provide supportive opportunities through intervention, education, advocacy, and community awareness. Advocates provides immediate, 24-hour crisis response to victims, assesses for risk and safety of all victims, and provides education and awareness information regarding intimate partner violence, sexual violence, stalking, and teen violence. They provide many services to the community, including (but not limited to) residential shelters, counseling, support groups, training and consultations for employers under the Workplace Violence Project, support during and after an investigation process, and violence prevention in the form of teen peer education, which takes place at the elementary, middle, and high schools in Routt County. One day each semester, Advocates goes into the Steamboat Springs High School's 9th and 10th grade Health Class and the Middle School's 6th, 7th, and 8th grade classes to discuss healthy living. The program focuses on healthy relationships, harassment and flirting, bullying, dating violence, and sexual violence. Advocates recently published a series in the newspaper called the "Never Again Campaign" meant to spread awareness of domestic violence and recent cases of fatal domestic violence in the County, and ways that these incidents can be prevented. In collaboration with the Colorado Mountain College in Steamboat Springs and Breaking Silence, a Boulder-based program, in October of 2015 there was an interactive exhibit regarding violence and prevention, which was open to the public.