



The Howelsen Ice Arena facilitates safe indoor recreational opportunities for our local community and user groups. The building is over 35,000 square feet total, with the main ice surface over 20,000 square feet by itself. The building is well-ventilated space that is cleaned and maintained frequently and diligently.

To date, and as of reopening on August 10th, 2020, The Howelsen Ice Arena has had one documented COVID 19 case linked to the facility. This individual developed symptoms less than 24 hours after participated in an adult hockey drop-in session, indicating that the infection did not spawn from the arena. No other individual that had contact with said case developed symptoms or tested positive thereafter.

The rink is subject to the guidance for Gyms/Fitness, Group Sports, or Indoor Events depending on what activities are occurring at the rink. We examined all of the guidelines at length and developed the following plan with all of these varying activities in mind, and with the intent of the rules guiding our plans.

The Howelsen Ice Arena is requesting that the Routt County Board of Health thoroughly review the below LEVEL ORANGE mitigation plan, paying special attention to the group size requests. If the plan satisfies the county, the arena would like to proceed, when appropriate, with limited operations in an effort facilitate our primary (local) user groups in the safest most conscientious way possible with respect to COVID 19.

Howelsen Ice Complex SOP (LEVEL ORANGE)

11/16/2020

State, local, and rink guidelines are subject to change. ANY staff, chaperone/parents, coaches, or athletes not observing state, local, or rink guidelines, including but not limited to those listed below, will be required to leave the facility upon request.

1. Organization:

- a. Dmitry Chase is the contact person for the Howelsen Ice Complex;
Howelsen Ice Complex Supervisor
City of Steamboat Springs
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2. Capacity and Use Guidelines:

- a. Howelsen Ice Complex Capacity: Indoor facilities currently operating under the Gym/Fitness category are limited to 25% capacity, or 25 people, whichever is fewer so long as people can stay 6 feet apart from each other with groups under 10; or 20/roster in accordance with the CHSAA variance and/or CAHA contract with CDPHE (all capacities exclude coaches, team personnel, officials, and rink staff). The Howelsen Ice Arena in total is approximately 35,610 square feet of indoor space including the lobby, main arena, bleacher space, 5 locker rooms, an ADA change area, and public restrooms), and a 20,000 square floor playing surface. The Howelsen Ice Arena's Certificate of Occupancy permits 974 people total, on and off the ice. Operating with a maximum capacity of 25 participants excluding staff and officials, equates to operating at approximately 3% of designated building capacity. During play there is generally no more than 10 individuals on the ice. During group fitness, practices, drills etc. individuals have direct contact with fewer than 5 to 10 people at any given moment.
- b. Spectator Capacity: In Level Orange, no spectators will be allowed in the building.
- c. Group Size: All on ice activities will be limited to no more than 25 participants excluding coaches, staff, and officials except for those related to the CHSAA Variance and CAHA contract with CDPHE.
- d. Locker rooms: Locker Rooms will be open: patrons will be allowed into locker rooms 10 minutes in advance of their designated ice time and should practice proper social distancing-showers will not be available. Patrons will be required to leave the locker room no more than 10 minutes after their session. Staff highly recommends that users come fully dressed and encourages only using the locker rooms to change in and out of sub layers, when necessary and to avoid any sort of SafeSport violations.
- e. Personal Gear Lockers: Annual locker rentals will be available for personal equipment storage. Patrons should observe and practice appropriate social distancing recommendations when retrieving or stowing gear in their lockers.

- f. Skate Rental: Skate Rentals will be available. The rental fleet will be sanitized, by staff, after each use.
- g. Restrooms: The men's and women's restrooms will be open for patrons but are not to be used for dressing or undressing.

3. User Groups/Cohorts:

- a. User Groups or Teams: Each defined user group will be designated as an individual Cohort with a maximum capacity, per cohort, of 25
- b. If an individual were to contract the virus, contact tracing, as prescribed by the county, will ensue.
- c. If, through contact tracing guidelines mentioned, it is determined that a specific cohort had direct contact within the designated time frame, with a sick individual, that cohort will be required to self-quarantine for the recommended 14 days.

4. Case Reporting/Contact Tracing:

- a. Any Case linked to the arena or cohort will be immediately reported to county health officials. Rink Staff and User groups will work with the county to ensure all contact tracing is completed with accuracy and efficiency.
- b. All rosters must be submitted to the arena prior to each skate, or in advance of a season. Rosters should include individual contact information including but not limited to personal phone numbers and emails.

5. Cleaning:

- a. Hand sanitizer will be available in the lobby and at the side door exit point. Patrons are encouraged to use sanitizer while both entering and exiting the facility.
- b. Locker rooms will be cleaned between each use.
- c. Door handles, handrails, benches, walls, and any "touch" areas will be consistently wiped down with disinfectant.
- d. Staff and designated user group representatives should continuously clean high-volume areas and contact points/surfaces throughout the day and between each session with an appropriate disinfectant.
- e. Professional cleaning of common areas posted in mitigation protocol and in the central plan.

6. Signage:

- a. Social distancing floor markers
- b. Standard door signage regarding mitigation efforts will be posted at the front entrances with the following content:
 - i. 6 ft. social distancing must always be maintained.
 - ii. PPE in the form of a protective mask must always be worn.
 - iii. Do not enter the building if you have the following symptoms:
 - 1. Fever
 - 2. Cough
 - 3. Shortness of breath
 - 4. Any other COVID 19 symptoms as directed by Public Health.

7. Personal Protective Equipment (Including Masks):

- a. All city employees must wear a mask while in common or shared work areas and while interacting with other employees or members of the public. The city will provide masks to employees.
- b. All staff, instructors, skaters, and chaperones are always required to wear masks while in the facility, **including on the ice**, per State health orders.
- c. All staff will be required to wear PPE (Personal Protective Equipment) during cleaning. User group reps are encouraged to wear PPE as well, during cleaning.

8. Physical Adjustments:

- a. Sneeze guards - Physical barriers installed at front counter to control social distancing and spread of COVID.
- b. HVAC systems will be adjusted to ensure no contamination from HVAC units.
- c. All water fountains will be closed off to the public. Skaters will need to bring their own labeled water bottles. Absolutely no sharing of equipment, especially water bottles!
- d. All coaches, skaters, and chaperones will enter and exit through designated doors. Doors will be clearly identified and labeled "Entry" and "Exit."
- e. Appropriate social distancing should be practiced by all participants when off the ice.
- f. Social distancing markers are provided in the lobby, main arena, bleachers, and locker rooms.
- g. Doors accessing the rink from the lobby will remain propped open, eliminating points of contact.

9. Self-Screening:

- a. All employees will self-screen and document this in their division.
- b. Members of the public will, through signage, be asked to enter the facility only if meet self-screening criteria.
- c. Each ice session will be staggered by 15-minute intervals to minimize contact and overlap between user groups. User groups will be responsible for collecting and documenting rosters for each session and providing an accurate roster of their enrollees to rink staff.
 - i. For public sessions a sign in sheet will be used to, by staff, to document participants
- d. Temperature checks will be required for all staff, chaperones/parents, and participants.
- e. Skaters, chaperones, instructors, and staff agree to stay home if they believe that they may be symptomatic or may have come into contact with someone who may have COVID 19.
- f. Patrons will enter through the main lobby entrance no more than 20 minutes before their designated ice time and must have their temperature read at stand-alone kiosk. If a patron registers a high temperature and or appears to be sick, that individual will be denied further access to the facility.

10. Shared Food:

- a. Shared or communal food is not allowed.

11. What to do when an employee tests positive

- a. If an employee reports any symptoms, refer symptomatic employees to the Routt County Symptom Tracker and take all of the following steps:
 - i. Send employee home immediately
 - ii. Increase cleaning in your facility and require social distancing of staff at least 6 feet apart from one another
 - iii. Exclude employee until they are fever-free and without medication for 72 hours and 10 days have passed since their first symptom
 - iv. If two or more employees have these symptoms, consult CDPHE's outbreak guidance, contact the Routt County Public Health Department and cooperate in any disease outbreak investigations
 - v. Eliminate or regularly clean and disinfect any items in common spaces, such as break rooms that are shared between individuals, condiments, coffee makers, and vending machines.
- b. If an employee is confirmed to have COVID-19 infection, employers should inform fellow employees of their possible exposure to COVID-19 in the workplace but maintain confidentiality as required by the Americans with Disabilities Act (ADA).
- c. Sick employees should not return to work until the criteria to discontinue home isolation are met (generally 10 days after symptom onset with improved respiratory symptoms and at least 3 days fever-free without fever-reducing medications).
- d. Take action if an employee is suspected or confirmed to have COVID-19 infection:
 - i. In most cases, you do not need to shut down your workplace/facility.
- e. If it has been less than 7 days since the sick employee has been in the facility, close off any areas used for prolonged periods of time by the sick person:
 - i. Wait 24 hours since the sick person used the area before cleaning and disinfecting to minimize potential for other employees being exposed to respiratory droplets. If waiting 24 hours is not feasible, wait as long as possible.
 - ii. During this waiting period, open outside doors and windows to increase air circulation in these areas.
 - iii. If it has been 7 days or more since the sick employee used the facility, additional cleaning and disinfection is not necessary. Continue routinely cleaning and disinfecting all high-touch surfaces in the facility.
 - iv. If an individual has had close contact (less than 6 feet) or more than 15 minutes with a confirmed positive case, they must stay at home until 14 days after last exposure and maintain social distance from others at all times.
 - v. Self-monitor for symptoms
 - vi. Check temperature twice a day
 - vii. Watch for fever, cough, or shortness of breath or other symptoms of COVID-19
 - viii. Avoid contact with people at higher risk for severe illness from COVID-19
- f. Follow the CDC cleaning and disinfection recommendations.